

Hosted by :



FINAL ANNOUNCEMENT

International Anti-Aging Conference 5.0

April 3rd - 5th, 2020

Sheraton Grand Jakarta Gandaria City Hotel

Jl. Sultan Iskandar Muda, Kebayoran Baru
Jakarta 12240



PRESENTED BY PERDAWERI

Symposium

Workshop

Exhibition

***IDI ACCREDITATION**



IntAAC 5.0



TIME & VENUE

Day / Date : Friday - Sunday, April 3rd - 5th, 2020
Venue : Sheraton Grand Jakarta Gandaria City Hotel
Jl. Sultan IskandarMuda, RT.10/RW.6,
Kebayoran. Lama Utara, Kec. Kebayoran Baru
Jakarta 12240



THEME

Trends in Aging And Skin Care: From Wellness Towards Gorgeous Aging

SUBTHEME

From Wellness towards Gorgeous Aging Process

ACCREDITATION BY

Ikatan Dokter Indonesia (IDI)

PROGRAM

- Symposium
- Workshop
- Exhibition

OUR BANK ACCOUNT

Bank BCA KCP Wolter Monginsidi
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A/C No. 524 447 8407
A/C Name : Dr. George A/Duma Yunita S
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INFORMATION & REGISTRATION

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FOUNDER

Prof. DR. Dr. Abdul Razak Thaha, MSc, SpGK

ADVISOR

Prof. Dr. Antonius Kurniawan, SpPA (K)

STEERING COMMITTEE

Chairman : Dr. Freddy Wilmana, MFPM, SpFK
Vice Chairman : DR. med. Dr. Maya Surjadjaja, M.Gizi, SpGK
Member : Prof. Dr. Purnawan Junadi, MPH, PhD
: Dr. Erdina HD, Pusponegoro, SpKK
: Dr. Teguh Tanuwidjaja, M.Biomed (AAM)
: Dr. Putro S Muhammad

ORGANIZING COMMITTEE

Chairman :Dr. Andalusia Mutiara Admar
Vice Chairman :Dr. Djauhery
Secretary :Dr. Silvia Hartono, MKK
Vice Secretary :Dr. Agatha Puji, M.Biomed (AAM)
Treasurer :Dr. George A. Mantiri, SpPK
Vice Treasurer :Dr. Duma Siringoringo, MM

SCIENTIFIC

Coordinator : Dr. Rita Lahirin, M.Biomed (AAM), M.Gizi
Member : Dr. Henti Widowati, M.Biomed (AAM)
Dr. R. Amanda Sumantri, SpKK
Dr. Yenni Zuharini, M.Gizi, SpGK
Dr. Eunice P Najooan, SpKJ
Dr. Yeni Dhanasari, SpOG

EVENT

Coordinator : Dr. Cristhine Castalie Gunawan, M.Biomed (AAM)
Member : Dr. Siti Nur Fatimah, M.S.SpGK
Dr. Tuti Rochayati

PUBLICATION, DOCUMENTATION AND EQUIPMENT

Coordinator :Dr. Ekasakti Octohariyanto, MCHt
Member :Dr. Ratih Kusuma Dewi Arfa
Dr. Monica Tambajong

REGISTRATION

Coordinator :Dr. Maya Cesarya, M.Biomed (AAM)
Member :Dr. Gesha Putri, M.Biomed (AAM)

VENUE (Food-Beverage, Hotel)

Coordinator :Dr. Adi Rini Astuti S
Member :Dr. Fara Caloh Thahir

FUND AND PARTNERSHIP

Coordinator :Dr. Liza Deviyanti Hadiwijaya, MM, M. Farm
Member :Dr. Mulyaningsih
Dr. Widya Murni
Dr. Undang Sumpena
Dr. Zakky Zamzami Madjid, MARS, M.Kes, AAAM



DRY WORKSHOP RUNDOWN

DAY 1 | Friday, April 3rd, 2020

| TIME | SESSION/TOPIC | MODERATOR/SPEAKER |
|----------------------|---|---|
| 08.00 - 09.00 | REGISTRATION & COFFEE BREAK | PIC: |
| 09.00 - 09.15 | Basic Introduction of Melatonin | |
| 09.15 - 11.00 | WORKSHOP 1 : MELATONIN | Mod : Dr. Monica G Tambayong |
| 09.15 - 10.15 | Update on Current Melatonin Uses | Prof. Jesus A F Tresguerres Hernandez, PhD. |
| 10.15 - 10.40 | Applicable protocols with melatonin | Prof. Jesus A F Tresguerres Hernandez, PhD. |
| 10.40 - 11.00 | Q n A | |
| 11.00 - 13.00 | PRAYER AND LUNCH | |
| 13.00 - 15.00 | WORKSHOP 2 : LASER FOR BEAUTY Energy base divices for skin rejuvenation | Dr Abraham Arimuko, SpKK |
| 15.00 - 17.00 | WORKSHOP 3 : HYPNO SLIM | Mod : Dr. Silvia Hartono |
| 15.00 - 15.20 | Introduction | dr Eunice Pingkan Najooan SpKJ |
| 15.20 - 16.30 | Practice | Mr. Awi Suwandi |
| 16.30 - 17.00 | Q n A | |



DAY 2 | Saturday, April 3rd, 2020

| TIME | SESSION/TOPIC | MODERATOR/SPEAKER |
|---------------|---|--|
| 08.00 - 08.30 | Registration | Mod: Dr Christine Castalie |
| 08.30 - 09.15 | MORNING AAM CONFERENCE | Dr. Freddy Wilmana, MFPM, SpFK |
| 08.30 - 09.15 | Evidence Based practice in AAM | |
| 09.15 - 09.30 | COFFEE BREAK | |
| 09.30 - 10.30 | OPENING CEREMONY | |
| 09.30 - 09.45 | "INDONESIA RAYA" NATIONAL ANTHEM MARS OF PERDAWERI | |
| 09.45 - 09.50 | Address of OC Chairman | Dr. Andalusia Mutiara Admar |
| 09.50 - 10.00 | Address of PERDAWERI President | Prof. DR. Dr. Abdul Razak Thaha, M.Sc., SpGK |
| 10.00 - 10.10 | Address of the Indonesian Medical Association President | Dr. Daeng M. Faqih, SH, MH (PB IDI) |
| 10.10 - 10.30 | Address of the Minister of Health of Republic Indonesia | DR. Dr. Terawan A P, SpRad-KRI |
| 10.30 - 11.20 | SESSION 1: (REGENERATIVE MEDICINE) | Mod: Dr. Maya Cesaria MBiomed-AAM |
| 10.30 - 10.50 | Future of Regenerative Medecine | DR. Drs. Andi Wijaya, Apt |
| 10.50 - 11.10 | update in regenerative medicine : Stem Cell in DM Type 2 | Prof. DR. Dr. Pradana, SpPD-KGEH |
| 11.10 - 11.20 | Q n A | |
| 11.20 - 12.10 | SESSION 2 : CALCIUM | Mod: Dr Freddy Wilmana SpFK MFPM |
| 11.20 - 11.40 | SAC ionic Calcium: Innovative step towards Gorgeous aging. | Dr. Paul Lee / Jae Lee |
| 11.40 - 12.00 | Reversing Cellular Health by restoring Calcium signaling | Dr. Paul Lee / Jae Lee |
| 12.00 - 12.10 | Q n A | |
| 12.10 - 12.40 | LUNCH SYMPOSIUM : PAIN MANAGEMENT | Mod: Dr. Djauhery |
| 12.10 - 12.40 | Pain management in AAM | Dr. Freddy Wilmana, MFPM, SpFK |
| 12.40 - 13.40 | LUNCH | |
| 13.40 - 14.30 | SESSION 3 : SLIM & BEAUTY | Mod: DR. Dr. Siti Nur Fatimah, MS, SpGK |
| 13.40 - 14.00 | Orlistat as a prescription weight management drug : Benefits and Safety | DR. med. Dr. Maya Surjadjaja, M.Gizi, SpGK |
| 14.00 - 14.20 | Orlistat for Longterm Weightloss Maintenace | DR. med. Dr. Maya Surjadjaja, M.Gizi, SpGK |
| 14.20 - 14.30 | Q n A | |
| 14.30 - 15.10 | SESSION 4 : | Mod: Louise Kartika SpGK |
| 14.30 - 14.50 | Glutathione As Systemic Skin - Lightening Peptide | DR. med. Dr. Maya Surjadjaja, M.Gizi, SpGK |
| 14.50 - 15.05 | Nutrigenomik Approach for anti aging diet intervention | Siska Darmayanti, S.Si, M.Farm |
| 15.05 - 15.10 | Q n A | |
| 14.50 - 16.00 | SESSION 5 : BRAIN AGING | Mod: Prof. Dr. Antonius Kurniawan, SpPA (K) |
| 15.10 - 15.50 | Brain Aging Prevention with Resveratrol | Prof. Jesus A F Tresguerres Hernandez, PhD. |
| 15.50 - 16.00 | Q n A | |
| 15.50 - 16.40 | SESSION 6 : ALL ABOUT MALE SEX HORMONES | Mod: Dr George Mantiri SpPK |
| 16.00 - 16.20 | Penile Enlargement: Myth and Fact | dr. Nugroho Setiawan, SpAnd. |
| 16.20 - 16.40 | Update on Andropause Management | dr. Heru Oentoeng, SpAnd |
| 16.40 - 16.50 | Q n A | |
| 16.50 - 17.00 | COFFEE BREAK | |

DAY 3 | Sunday, April 4th, 2020

| TIME | SESSION/TOPIC | MODERATOR/SPEAKER |
|---------------|--|---|
| 08.00 - 08.30 | Re-registration | |
| 08.30 - 09.00 | PLENARY SESSION | Mod: Dr. Teguh Tanuwidjaja, M.Biomed (AAM) |
| 08.30 - 08.45 | Medical Ethics And Medicolegal | Prof. DR. Dr. Abdul Razak Thaha, MSc, SpGK |
| 08.45 - 09.00 | Patient Safety | Dr. Daeng M. Faqih, SH, MH |
| 09.00 - 09.20 | SPONSOR 6 : INDONESIAN HERBS AND SEX HORMONES | Mod: Prof. Dr. Purnawan Junadi, MPH, PhD |
| 09.00 - 09.20 | Native Herbals for Balancing Female Sex Hormones | Dr. M.A. Jussri Widjaya T |
| 09.20 - 10.30 | SESSION 7 : ACNE AESTHETICS | Mod: Dr. Erdina HD Puspongoro, SpKK |
| 09.20 - 09.40 | Nutritional Approach for Acne Patient | Dr dr Citra Kusumasari, Mkes., SpGK |
| 09.40 - 10.00 | Hormonal Therapy for Hyperandrogenic Acne | dr Edwin Tanihaha, SpKK, Dip AAAM, MHKes, FKCCS |
| 10.00 - 10.10 | Q n A | |
| 10.10 - 11.00 | SESSION 8 : NUTRITION & HEALTH SUPPLEMENT | Mod: DR Dr Siti Nur Fatimah, MS., SpGK |
| 10.10 - 10.30 | The New Breakthrough in Management for Osteoarthritis | Dr Andrew Timothy MBBS |
| 10.30 - 10.40 | Q n A | |
| 10.40 - 11.00 | COFFEE BREAK | |
| 11.00 - 12.00 | SESSION 9 : FEMALE HEALTH | Mod: Dr Widya Murni MARS |
| 11.00 - 11.40 | The role of Melatonin in Women Reproduction | Prof. Jesus A F Tresguerres Hernandez, PhD. |
| 11.40 - 12.00 | Q n A | |
| 12.00 - 13.00 | LUNCH | |
| 13.10 - 14.15 | SESSION 10: GORGEOUS LOOKING FACE | Mod: Dr. Irma Bernadertt SpKK, FIDV |
| 13.10 - 13.30 | Safe, Effective Chin & Jaw restoration with Novel Hyaluronic Acid injectable Gel. | Dr Edwin Djuanda, SpKK / Allergan |
| 13.30 - 13.50 | Sequential Combination of Clarifying and GA Peeling : What's the best can it offer ? | dr Sri Ellyani SpKK |
| 13.50 - 14.10 | Cysteamine-new gamer in Hyperpigmenting agent - mechanism and role | dr Trifena M.Biomed(AAM) |
| 14.10 - 14.20 | Q n A | |

DAY 3 | Sunday, April 4th, 2020

| TIME | SESSION/TOPIC | MODERATOR/SPEAKER |
|----------------------|--|------------------------------------|
| 14.30 - 15.20 | SESSION 11 : WOMEN INTIMATES AND SEXUAL ISSUES | Mod: Dr Andalusia |
| 14.30 - 14.50 | Vaginal Rejuvenation: Is it Luxurious or Necessity? | Dr. Yeni Dhanasari Ni Komang, SpOG |
| 14.50 - 15.10 | Vaginismus and Other Female Sexual Dysfunction | Dr Nina Martina Somad, SpOG |
| 15.10 - 15.20 | Q n A | |
| 15.20 - 15.30 | COFFEE BREAK (MEDIKA MENTORING) IN CONFERENCE ROOM | Mod : Dr Bayu P Hie |
| 15.30 - 16.00 | SESSION 12 : DIGITAL MARKETING | |
| 15.30 - 15.50 | Top 3 Mistakes that Makes Small and Medium-sized Aesthetic Clinics Will Get Stuck in 2020 and How to Break Through | Adythia Pratama |
| 15.50 - 16.00 | Q n A | |
| 16.00 - 17.00 | WORKSHOP 6 : BEAUTY AND MANNER CLASS | Mod: Dr Putro Mohammad |
| 16.00 - 16.30 | Daily Make Up for Doctor | |
| 16.30 - 17.00 | Professional Manner for Doctor | |
| 17.00 - 17.15 | CLOSING CEREMONY & DOORPRIZE | |



REGISTRATION

| EVENT | LATE Feb 1 – Apr 2, 2020 | ONSITE |
|-------------------------|-----------------------------|-----------------|
| Symposium Only | Rp. 3,000,000,- | Rp. 3,500,000,- |
| Symposium + 3 Workshops | Rp. 4,750,000,- | Rp. 5,500,000,- |

* Rp 500.000,- cashback for PERDAWERI annual membership
 * For foreigners, Please Refer to USD Price Based on Current Exchange

ACCOMMODATION FEE



Sheraton Grand Jakarta Gandaria City Hotel

Jl. Sultan Iskandar Muda, Kebayoran Baru - Jakarta 12240

Deluxe Room: Rp. 000.000,- /room/night

*) Include breakfast for 2 persons

Name : Institution:

Address:

Phone : E-mail:

Sponsor: CP / Phone:

| | | | |
|---------------|--|----------------|--|
| Check in Date | <input type="text"/> / <input type="text"/> / 2020 | Check Out Date | <input type="text"/> / <input type="text"/> / 2020 |
| Qty Room | <input type="text"/> | Payment | <input type="checkbox"/> Cash |
| Qty Night | <input type="text"/> | | <input type="checkbox"/> Transfer |

OUR BANK ACCOUNT

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 Swift Code : CENAIDJA



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